

Over 30's Getaways to Mannum, Monarto Zoo and The Limestone Coast during 2024



**Limestone Coast
5 Day Getaway**

Thur 22nd – Mon 26th August
Naracoorte Caves,
Little Blue Lake and
Padthaway Estate.



**Monarto and Mannum
Getaway**

Fri 13th – Sun 15th September
Lemur encounter at Monarto,
fishing and campfire at Mannum
Shack.



**AHH Lifeskills offers
excursions for adults 30+**

Come and explore the wonderful city of Adelaide and the state of South Australia.

Venture out to locations to experience a variety of activities and discover what makes Adelaide the most livable city in the world.

Enjoy all the fabulous attractions on offer, make friends, socialise and connect with other people.



**AHH Lifeskills offers
excursions for adults 30+**

- 1:2 ratio of care
- Free pick up and drop off service
- Variety of activities and shows
- Skilled carer to assist in transport and organisation
- Great opportunity for clients to further their connections with other group members

Mobile **1300 000 730**

Email **info@ahhlifeskills.com**

NDIS COVERED **No Out of Pocket Expenses**

**Join us and enjoy the
adventure together**



Lifeskills 30+

**Over 30's
weekend respites away
and activities for
July to September
2024**



All prices are NDIS covered. No out of pocket expense to the parent/guardian. (excluding food and drinks)

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Upcoming Events for Over 30's



Christmas in July Sunday 28th July



Limestone Coast 5 Day Getaway Thu 22nd Aug - Mon 26th Aug



Monarto and Mannum Getaway Fri 13th Sept - Sun 15 Sept



Movie Day Sunday 4th August



Maritime Museum Sunday 25th August



Shanx Mini Golf Sunday 15th September



Ten Pin Bowling Sunday 11th August



Adelaide Show Sunday 1st September



Gilles at the Grounds Markets Sunday 22nd September



Escape Room Sunday 18th August



Port River Cruise Sunday 8th September



Adelaide Zoo Sunday 29th September

“Make memories that will last a lifetime with AHH Lifeskills!”

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